



*3 Day Sample Menus*

*Mid Day Meal*

*Chicken Vegetable Soup  
& Crackers*

*Mushroom Quiche  
and  
Sliced Pickled Beets*

*Iced Cherry Cake*

*Tea/ Coffee/ Milk/ Juices*

*Alternate:*

*Tomato and Cheese  
Sandwich*

*Vegetable Soup  
& Crackers*

*Homemade Beef Pie  
with Gravy  
& Stewed Tomatoes*

*Tropical Fruit Salad*

*Tea/ Coffee/ Milk/ Juices*

*Alternate:*

*Pasta with Sauce*

*Beef Barley Soup  
& Crackers*

*Chicken Salad Sandwich  
and  
Sliced Oranges*

*Meringue Pie*

*Tea/ Coffee/ Milk/ Juices*

*Alternate:*

*Lasagna*

*Evening Meal*

*Pickles and Olives*

*Baked Salmon  
with Lemon & Dill Sauce*

*Steam Red Potato  
Italian Mixed Vegetable*

*Pineapple Tidbits*

*Tea/ Coffee/ Milk/ Juices*

*Alternate:*

*Schnitzel*

*Bean Salad*

*Lamb Stew*

*Mashed Potato  
Corn Niblets*

*Banana Pudding*

*Tea/ Coffee/ Milk/ Juices*

*Alternate:*

*Meatloaf*

*Tossed Salad*

*Roast Pork  
with Gravy & Applesauce*

*Scalloped Potato  
Canned Green Beans*

*Iced Chocolate Cake*

*Tea/ Coffee/ Milk/ Juices*

*Alternate:*

*Cocktails*